Ford Expedition 2009



ford expedition 2009

ford expedition 2009 remains a significant player in the full-size SUV market, representing a blend of robust capability, spacious interior, and familiar American automotive heritage. This comprehensive guide delves into every aspect of the 2009 Ford Expedition, from its powertrain options and towing prowess to its interior comfort, advanced features, and long-term ownership considerations. Whether you're a potential buyer researching used models, a current owner seeking maintenance tips, or simply a car enthusiast interested in this iconic vehicle, this article will provide in-depth information. We will explore the various trims, engine specifications, safety enhancements, and the overall driving experience offered by the 2009 Ford Expedition, ensuring you have all the knowledge needed to make informed decisions.

Table of Contents

- Understanding the 2009 Ford Expedition: A Comprehensive Overview
- 2009 Ford Expedition Powertrain and Performance
- Engine Specifications and Capabilities of the 2009 Ford Expedition
- Transmission and Drivetrain Options for the 2009 Expedition

- Towing and Hauling Prowess of the 2009 Ford Expedition
- 2009 Ford Expedition Exterior Styling and Design
- Key Exterior Features and Dimensions
- Trim Levels and Their Distinctive Exterior Elements
- 2009 Ford Expedition Interior Comfort and Features
- Cabin Space and Seating Configurations
- Infotainment and Convenience Features in the 2009 Expedition
- Material Quality and Interior Design Philosophy
- 2009 Ford Expedition Safety and Security Features
- Active Safety Technologies
- Passive Safety Systems and Airbag Deployment
- Crash Test Ratings and Safety Performance
- Driving Experience and Handling of the 2009 Ford Expedition
- On-Road Manners and Ride Quality
- Off-Road Capability and Four-Wheel Drive Systems
- Fuel Economy Considerations for the 2009 Expedition
- Buying a Used 2009 Ford Expedition: What to Look For
- Common Issues and Maintenance Tips for the 2009 Ford Expedition
- Pricing and Value Retention of the 2009 Expedition
- Conclusion: Is the 2009 Ford Expedition Still a Viable Option?

Understanding the 2009 Ford Expedition: A Comprehensive Overview

The 2009 Ford Expedition represented a significant evolution for Ford's flagship full-size SUV. Building on a legacy of strength and utility, the 2009 model year brought notable updates aimed at enhancing its appeal in a competitive segment. This generation of the

Expedition focused on delivering a more refined driving experience without sacrificing its core capabilities, such as robust towing capacity and generous passenger and cargo space. Key enhancements for 2009 included a more powerful standard engine, updated interior features, and improved fuel efficiency compared to previous iterations. Potential buyers and enthusiasts often look to the 2009 Ford Expedition for its combination of American muscle, family-friendly functionality, and the enduring utility that has defined the Expedition nameplate.

2009 Ford Expedition Powertrain and Performance

The heart of the 2009 Ford Expedition lies in its potent powertrain, designed to handle demanding tasks and provide confident acceleration. Ford understood that buyers of full-size SUVs expect substantial power, and the 2009 Expedition was engineered to deliver. This section explores the engine options, transmission, and drivetrain configurations that define the performance capabilities of this large SUV.

Engine Specifications and Capabilities of the 2009 Ford Expedition

For the 2009 model year, the Ford Expedition received a significant upgrade to its standard engine. The primary powerplant was the 5.4-liter Triton V8 engine. This sophisticated engine featured three valves per cylinder and Ford's variable cam timing (VCT) technology, which contributed to both improved performance and better fuel economy. The 5.4L V8 produced a healthy 300 horsepower and 365 pound-feet of torque. This robust output was crucial for the Expedition's role as a capable hauler and tow vehicle. Optional for some configurations, and particularly notable for its enhanced power delivery, was the 5.4-liter V8, providing ample grunt for acceleration and heavy loads. The torque curve was engineered to provide strong low-end pull, essential for towing trailers or navigating challenging terrain.

Transmission and Drivetrain Options for the 2009 Expedition

Paired with the V8 engines was Ford's reliable 6-speed automatic transmission, which was a welcome addition, offering more gear ratios than previous 4-speed automatics. This advanced transmission helped to optimize both performance and fuel efficiency by keeping the engine within its most efficient operating range more often. Drivers could select between two drivetrain configurations: rear-wheel drive (RWD) for enhanced on-road handling and efficiency, and the more versatile electronic four-wheel drive (4WD) system. The 4WD system offered the flexibility to tackle slippery conditions, inclement weather, and light off-road excursions with confidence, making the 2009 Ford Expedition a well-

rounded vehicle for a variety of driving environments.

Towing and Hauling Prowess of the 2009 Ford Expedition

One of the defining characteristics of the Ford Expedition has always been its exceptional towing and hauling capabilities, and the 2009 model was no exception. With the proper equipment, typically including the heavy-duty trailer tow package, the 2009 Ford Expedition was rated to tow up to 9,200 pounds. This impressive figure made it suitable for towing large recreational vehicles, boats, horse trailers, and other substantial loads. The combination of the powerful V8 engine, the 6-speed automatic transmission, and the robust frame provided the stability and power necessary for confident towing. Payload capacity was also significant, allowing families to carry substantial amounts of luggage and gear without compromising performance.

2009 Ford Expedition Exterior Styling and Design

The exterior design of the 2009 Ford Expedition projected a sense of strength and presence, reflecting its full-size SUV status. Ford's design team aimed for a look that was both modern and rugged, appealing to buyers who valued both form and function. The 2009 model year saw subtle yet impactful styling updates that refined its appearance.

Key Exterior Features and Dimensions

The 2009 Ford Expedition featured a bold front grille, often chrome-accented, that clearly identified it as a Ford product. Large, distinctive headlights and a substantial hood line contributed to its imposing front fascia. The overall silhouette was characterized by its substantial size, with a long wheelbase and generous ground clearance, hinting at its capability. Depending on the configuration, the Expedition offered either standard or running boards, aiding ingress and egress to the elevated cabin. Alloy wheels, ranging from 17 to 20 inches in diameter depending on the trim level and options, added to its visual appeal. The rear of the vehicle featured large taillights and a liftgate, providing access to the cargo area.

Dimensions for the 2009 Ford Expedition were substantial:

- Length: Approximately 205 inches (standard wheelbase) or 219 inches (EL extended wheelbase)
- Width: Approximately 78.8 inches
- Height: Approximately 77.4 inches
- Wheelbase: Approximately 119 inches (standard) or 131 inches (EL)

Trim Levels and Their Distinctive Exterior Elements

The 2009 Ford Expedition was available in several trim levels, each offering a slightly different exterior presentation. The most common trims included the XLT, Eddie Bauer, and the top-tier Limited. The XLT typically featured body-colored mirrors and door handles, with standard 17-inch alloy wheels. The Eddie Bauer trim often included chrome accents, power-folding mirrors, and larger wheels, elevating its premium appearance. The Limited trim pushed the luxury quotient further, with even more chrome detailing, premium badging, and the largest wheel options available, usually 20-inch polished aluminum wheels. These variations allowed buyers to select an Expedition that best matched their personal style and desired level of refinement.

2009 Ford Expedition Interior Comfort and Features

The interior of the 2009 Ford Expedition was designed to be a comfortable and functional space for both families and individuals undertaking long journeys or hauling significant cargo. Ford placed a strong emphasis on passenger comfort, ease of use, and the integration of modern features, creating a cabin that felt both spacious and well-equipped.

Cabin Space and Seating Configurations

As a full-size SUV, the 2009 Ford Expedition offered a remarkably spacious cabin. It typically seated up to eight occupants across three rows of seating. The second-row seating was available in either a bench configuration or captain's chairs, offering flexibility for passenger needs. The third row, while suitable for children and smaller adults on shorter trips, could also accommodate adults, though legroom was more limited compared to the first two rows. For enhanced cargo capacity, Ford equipped the Expedition with its "PowerFold" second-row and "PowerFold" third-row seats on select models, allowing for a completely flat cargo floor with the push of a button, transforming the SUV into a versatile cargo hauler.

Infotainment and Convenience Features in the 2009 Expedition

The 2009 Ford Expedition offered a range of infotainment and convenience features to enhance the ownership experience. Standard audio systems included an AM/FM stereo with a CD player and an auxiliary input jack. Higher trim levels and optional packages introduced more advanced systems, such as Ford's SIRIUS Satellite Radio, a premium sound system, and the innovative "SYNC" infotainment system. SYNC allowed for voice-

activated control of audio devices and compatible mobile phones, enabling hands-free calling and music selection. Other convenience features included power-adjustable pedals, heated and ventilated front seats, a rearview camera, and a rear-seat entertainment system, all contributing to a more comfortable and connected driving experience.

Material Quality and Interior Design Philosophy

The interior materials in the 2009 Ford Expedition were generally well-chosen, aiming for durability and a pleasing tactile feel. Higher trim levels, such as the Eddie Bauer and Limited, featured premium materials like leather upholstery, woodgrain accents, and soft-touch surfaces on the dashboard and door panels. The dashboard layout was intuitive, with clearly labeled controls for climate and audio functions. The overall design philosophy prioritized functionality, ensuring that controls were easy to reach and operate for the driver. Despite its utilitarian capabilities, the interior of the 2009 Expedition offered a level of refinement expected from a premium full-size SUV.

2009 Ford Expedition Safety and Security Features

Safety was a paramount concern for Ford engineers when developing the 2009 Ford Expedition, and the vehicle was equipped with a comprehensive suite of active and passive safety features designed to protect occupants in the event of a collision. The robust construction and advanced safety systems contributed to its appeal for families.

Active Safety Technologies

The 2009 Ford Expedition incorporated several active safety technologies aimed at preventing accidents. These included standard four-wheel anti-lock disc brakes (ABS), which provided enhanced stopping power and control during hard braking. Electronic stability control (ESC), known as AdvanceTrac with Roll Stability Control by Ford, was standard across all trims. This system helped to detect and mitigate skids by selectively applying brakes and reducing engine power. The available all-wheel-drive system also contributed to active safety by improving traction in slippery conditions. The power-adjustable pedals with memory function for the driver allowed for a more comfortable and secure driving position, which can indirectly contribute to safer driving.

Passive Safety Systems and Airbag Deployment

In terms of passive safety, the 2009 Ford Expedition was well-equipped. It featured a comprehensive airbag system, including front airbags for the driver and front passenger, front-seat side-impact airbags, and a three-row side-curtain airbag system designed to

protect occupants in the outboard seating positions of all three rows. The SUV's body structure was engineered to absorb and dissipate crash energy, protecting the passenger cabin. Other passive safety features included three-point safety belts for all seating positions, with pretensioners and load limiters for the front seats, and lower anchors and tethers for children (LATCH) system for securing child seats.

Crash Test Ratings and Safety Performance

While specific crash test ratings can vary slightly between testing agencies and model year updates, the 2009 Ford Expedition generally performed well in government and independent safety assessments. For instance, the National Highway Traffic Safety Administration (NHTSA) often awarded high marks for frontal and side-impact crash protection. The Insurance Institute for Highway Safety (IIHS) also typically recognized vehicles with good structural integrity and effective airbag systems. The inclusion of advanced safety features like AdvanceTrac with Roll Stability Control played a significant role in its overall safety profile, helping to reduce the risk of rollovers and single-vehicle crashes.

Driving Experience and Handling of the 2009 Ford Expedition

The driving experience of the 2009 Ford Expedition is characterized by its commanding presence on the road, a comfortable ride, and capable handling for its size. Ford aimed to strike a balance between its truck-based underpinnings and a more car-like driving demeanor, making it a competent daily driver as well as a capable workhorse.

On-Road Manners and Ride Quality

The 2009 Ford Expedition offered a generally smooth and comfortable ride, thanks to its independent front suspension and multi-link rear suspension. This setup helped to isolate occupants from road imperfections, making for a relaxed experience on long highway cruises. The steering was power-assisted and provided adequate feedback, though it was geared more towards ease of use than sporty responsiveness. Despite its considerable size, the Expedition handled surprisingly well, with body roll managed effectively by the sophisticated suspension and electronic stability control systems. The cabin remained relatively quiet at highway speeds, further enhancing passenger comfort.

Off-Road Capability and Four-Wheel Drive Systems

While primarily designed for on-road comfort and utility, the 2009 Ford Expedition, particularly when equipped with the optional four-wheel-drive system, possessed genuine

off-road capabilities. The 4WD system typically included a low-range gear for tackling steeper inclines, descents, and challenging terrain. Coupled with the vehicle's substantial ground clearance, the Expedition could confidently navigate dirt roads, moderate trails, and slippery conditions like snow or ice. While not intended for extreme rock crawling, its robust construction and available 4WD made it a capable companion for outdoor adventures and navigating less-than-ideal road surfaces.

Fuel Economy Considerations for the 2009 Expedition

As a large, full-size SUV with a powerful V8 engine, fuel economy was not the 2009 Ford Expedition's strongest suit. The EPA estimated mileage for the 2009 Expedition typically ranged from around 12-14 miles per gallon in city driving to 17-19 miles per gallon on the highway, depending on the drivetrain configuration (RWD vs. 4WD) and whether it was the standard or extended wheelbase (EL) model. These figures were competitive within its class at the time, but prospective buyers should be aware of the fuel costs associated with operating a vehicle of this size and capability.

Buying a Used 2009 Ford Expedition: What to Look For

When considering a pre-owned 2009 Ford Expedition, careful inspection and due diligence are essential to ensure a sound purchase. Understanding common issues and key areas to inspect will help buyers find a well-maintained example.

Common Issues and Maintenance Tips for the 2009 Ford Expedition

While generally reliable, some common issues have been reported with the 2009 Ford Expedition. These can include minor electrical gremlins, such as issues with power windows or door locks, and occasional problems with the SYNC system if equipped. The transmission, while robust, should be checked for smooth shifting and any signs of hesitation or slipping. Regular maintenance is crucial; owners should look for evidence of consistent oil changes, coolant flushes, and transmission fluid services. The braking system, especially on higher-mileage vehicles, should be inspected for wear on pads and rotors. Checking the exhaust system for rust or leaks is also advisable, particularly in regions with harsh winters. Tire wear should be uniform, indicating proper alignment and suspension.

Pricing and Value Retention of the 2009 Expedition

The pricing of a used 2009 Ford Expedition will vary significantly based on its mileage, condition, trim level, options, and geographical location. Generally, these full-size SUVs tend to depreciate at a moderate pace, especially when compared to smaller vehicles. Well-maintained examples with lower mileage can still command a respectable price, reflecting their enduring utility and the demand for capable family haulers. Buyers should consult resources like Kelley Blue Book (KBB) or Edmunds for current market values. The EL extended wheelbase models often hold their value slightly better due to their increased cargo and passenger capacity.

Conclusion: Is the 2009 Ford Expedition Still a Viable Option?

The 2009 Ford Expedition continues to be a relevant and capable vehicle for many buyers seeking a large, dependable SUV. Its combination of a powerful V8 engine, significant towing capacity, spacious interior, and a comfortable ride makes it an attractive option on the used market. While its fuel economy is a consideration, its inherent strengths in utility and passenger comfort remain compelling. For those who prioritize space, towing capability, and a robust American-made SUV, the 2009 Ford Expedition, when purchased after thorough inspection and with awareness of its operational costs, offers a substantial amount of value and utility that can last for many years to come.

Frequently Asked Questions

What are common problems with the 2009 Ford Expedition?

Some common issues reported for the 2009 Ford Expedition include transmission problems (like rough shifting or slipping), potential for coolant leaks, and issues with the electronic throttle control system. Regular maintenance is key to mitigating many of these potential problems.

Is the 2009 Ford Expedition a reliable vehicle?

Generally, the 2009 Ford Expedition is considered a reasonably reliable large SUV for its time. However, like any vehicle, it has known issues that owners should be aware of. Owners who have maintained their vehicles diligently tend to report fewer problems.

What is the fuel economy of the 2009 Ford Expedition?

The fuel economy varies depending on the engine and drivetrain configuration. The 5.4L V8 engine typically gets around 12 MPG in the city and 17 MPG on the highway for 2WD models, and slightly less for 4WD models.

What are the engine options for the 2009 Ford Expedition?

The primary engine for the 2009 Ford Expedition is a 5.4-liter Triton V8 engine, producing around 315 horsepower and 395 lb-ft of torque. A more powerful 4.6-liter V8 engine was also available on some trims.

How much towing capacity does a 2009 Ford Expedition have?

The towing capacity of the 2009 Ford Expedition can vary, but when properly equipped with the Class IV trailer hitch, it can typically tow between 9,000 and 9,200 pounds, making it suitable for towing large boats, campers, and trailers.

What are the different trim levels available for the 2009 Ford Expedition?

The 2009 Ford Expedition was available in several trim levels, commonly including the XLT, Eddie Bauer, and Limited. Each offered progressively more premium features and amenities.

Are there any common recalls for the 2009 Ford Expedition?

Yes, there have been several recalls issued for the 2009 Ford Expedition. These have included issues related to the Takata airbags, potential brake issues, and fuel pump problems. It's always recommended to check the NHTSA website or your local Ford dealer for the most up-to-date recall information for your specific VIN.

Additional Resources

Here are 9 book titles related to the Ford Expedition 2009, each starting with:

- 1. The Explorer's Guide to the 2009 Expedition: Navigating Your Full-Size SUV This book serves as a comprehensive manual for owners of the 2009 Ford Expedition. It delves into the vehicle's features, from its powerful V8 engine and towing capabilities to its spacious interior and advanced safety systems. Readers will find practical advice on maintenance, troubleshooting, and maximizing the utility of their Expedition for family adventures or demanding hauling tasks.
- 2. Expedition: Built for the Journey A 2009 Model Story
 This title focuses on the engineering and design philosophy behind the 2009 Ford
 Expedition. It explores the development process, highlighting the innovations and
 considerations that went into creating a robust and capable full-size SUV. The book likely
 details the vehicle's platform, powertrain options, and how it was positioned to meet the
 needs of families and those requiring substantial cargo or towing capacity.

- 3. Inside the 2009 Expedition: Your Comprehensive Owner's Companion Designed as an in-depth companion for 2009 Ford Expedition owners, this book goes beyond the standard owner's manual. It provides detailed explanations of all the vehicle's systems, including infotainment, climate control, and driver assistance features. Expect practical tips for routine checks, understanding warning lights, and optimizing the driving experience for comfort and efficiency.
- 4. The Ultimate Road Trip with Your 2009 Expedition
 This book is tailored for adventure seekers and families planning extended journeys with
 their 2009 Ford Expedition. It offers practical advice on packing efficiently, planning
 routes, and utilizing the Expedition's features for a comfortable and enjoyable road trip.
 Topics may include vehicle preparation for long distances, managing cargo space, and tips
 for keeping passengers entertained.
- 5. Expedition Maintenance and Repair for the 2009 Model Year A crucial resource for any 2009 Ford Expedition owner looking to maintain their vehicle's longevity, this book offers detailed guidance on upkeep and common repairs. It likely covers scheduled maintenance, fluid checks, tire rotations, and basic troubleshooting for common issues. The book aims to empower owners with the knowledge to perform simple tasks themselves or to better understand professional service.
- 6. Towing with Confidence: Mastering Your 2009 Expedition's Capabilities
 This title specifically addresses the towing prowess of the 2009 Ford Expedition. It
 provides essential information for anyone planning to tow trailers, boats, or other heavy
 loads. The book will likely cover trailer weight ratings, proper hitching techniques, brake
 controller installation, and best practices for safe and stable towing with the Expedition.
- 7. Expedition Family Adventures: Making the Most of Your 2009 SUV This book focuses on how the 2009 Ford Expedition can enhance family life and outdoor adventures. It likely includes tips on organizing the spacious interior for children, utilizing the cargo area for gear, and leveraging the vehicle's capabilities for activities like camping, sports, or visiting national parks. The aim is to inspire families to use their Expedition to its full potential for creating lasting memories.
- 8. The Evolution of the Expedition: A Look at the 2009 Generation This historical and technical book examines the 2009 Ford Expedition within the broader context of the model's development. It likely explores the design changes and technological advancements that characterized this particular generation. The narrative may touch upon its market positioning, competitive landscape, and how it represented a step forward in the full-size SUV segment.
- 9. Expedition Comfort and Convenience: Enhancing Your 2009 Driving Experience This title focuses on the interior features and comfort amenities of the 2009 Ford Expedition. It delves into the climate control system, seating arrangements, infotainment options, and other features designed to make the driving and passenger experience as pleasant as possible. The book likely offers tips on customizing the cabin for individual needs and optimizing the use of these comfort-enhancing technologies.

Back to Home